

Scottish Road 5K Championships - Silverknowes 1/5/2013

**Full Results at
<http://d2lfsu1qnyxzxu.cloudfront.net/wp-content/uploads/2013/03/Self-Transcendence-5k-Silverknowes-020513-Results.pdf>**

1	Andrew Butchart	Central AC	14.35	1st M
2	Murray Strain	Hunters Bog Trotters	14.37	2nd M
3	Marc Austin	Victoria Park, Glasgow	14.42	3rd M/1st Jnr M
4	Dermot Cummins	Corstorphine AAC	14.51	M
5	Cameron Milne	Central AC	14.58	2nd M Jnr
6	Kerry Liam-Wilson	RH Cambuslang	15.02	1st MV35
7	Craig Ruddy	Inverclyde	15.07	M
8	Paul Sorrie	Shettleston H	15.08	M
9	Bryan Mackie	Edinburgh AC	15.09	M
10	Ben Hukins	RH Cambuslang	15.14	M
11	Michael Deason	Shettleston H	15.17	M
12	Scott Pilkington	Corstorphine AAC	15.26	M
13	Lachlan Oates	Shettleston H	15.27	M
14	Jozset Farkas	u/a	15.29	M
15	Hector Haines	Hunters Bog Trotters	15.32	M
16	Andrew Christy	Corstorphine AAC	15.35	3rd M Jnr
17	Moray Anderson	Corstorphine AAC	15.38	MV35
18	Max McNeil	Lothian RC	15.42	M Jnr
19	Andrew Lawler	Law & District	15.44	M Jnr
20	Duncan MacArthur	u/a	15.47	M Jnr
21	Barry Patterson	Falkirk Victoria	15.50	MV35
22	Steven O'Brien	Corstorphine AAC	15.52	M
23	Bobby Bristow	RH Cambuslang	15.54	M Jnr
24	Christopher Black	Corstorphine AAC	16.02	M
25	Steve Cairns	Hunters Bog Trotters	16.02	MV35
26	Jamie Crowe	Dundee HH	16.08	M Jnr
27	Calum McKenzie	Corstorphine AAC	16.10	M
28	Zach Delaney	Fife AC	16.15	M Jnr
29	Ross Clark	Hunters Bog Trotters	16.16	M
30	Ross Christie	Stirling Uni	16.17	M
31	Peter Moffett	Falkirk Victoria	16.21	M
32	Stuart Campbell	Corstorphine AAC	16.25	MV35
33	Elsbeth Curran	Kilbarchan	16.27	1st F
34	Peter Merritt	Southampton AC	16.28	M
35	Colin Menzies	Lasswade AC	16.32	M
36	Stephen Clark	Fife AC	16.33	MV35
37	Jamie Crawford	Edinburgh AC	16.35	M
38	Chris Galloway	Corstorphine AAC	16.37	M Jnr

39	William Townsend	Hunters Bog Trotters	16.39	M
40	John Redding	Linlithgow AC	16.41	M
41	Paddy Jumelle	Corstorphine AAC	16.42	MV35
42	Ben Potrykus	Pitreavie AAC	16.44	M Jnr
43	Laura Dunn	Edinburgh AC	16.45	2nd F
44	Iain Townsend	Central AC	16.48	M
45	Scott McAlpine	Pitreavie AAC	16.48	M Jnr
46	Chrisopher O'Brien	Corstorphine AAC	16.48	M
47	Colin Partridge	Lothian RC	16.57	MV35
48	Tom Ferrington	Corstorphine AAC	17.00	MV35
49	Fiona Matheson	Falkirk Victoria	17.02	3rd F/1st FV50
50	Jennifer Maclean	Edinburgh AC	17.04	FV35
51	Kenneth Rankin	u/a	17.08	1st MV50
52	Michael Fullerton	Portobello RC	17.08	MV35
53	Ewan Stark	Corstorphine AAC	17.08	M
54	Jim Buchanan	Dumfries	17.08	MV35
55	Tessa Hill	Hunters Bog Trotters	17.08	F
56	Jeffrey Malluck	Kirkintilloch O	17.08	M
57	Ian Logan	Linlithgow AC	17.11	M
58	Kathryn Pennel	Pitreavie AAC	17.15	F Jnr
59	Lyndsay Morrison	Central AC	17.17	F
60	Keira Murray	Lasswade AC	17.21	F
61	Alex Milne	Central AC	17.22	MV35
62	Andrew Fischbocher	Linlithgow AC	17.23	M Jnr
63	John Morris	Edinburgh AC	17.24	M
64	Stuart Livingston	Corstorphine AAC	17.24	M
65	Michael Hannam	u/a	17.25	MV35
66	Lesley Chisholm	Garscube H	17.25	FV35
67	Allan Kemp	Kinross RR	17.26	M
68	Jenny Bannerman	Inverness	17.26	F
69	Anthony Devlin	Falkirk Victoria	17.30	MV35
70	Stuart Douglas	Falkirk Victoria	17.30	M
71	John Thomson	Fife AC	17.31	MV50
72	Bruce Carse	Bellahouston RR	17.32	M
73	Neil Mackay	u/a	17.37	MV35
74	Michael Taylor	Hunters Bog Trotters	17.37	M
75	Natalie Milne	u/a	17.38	F
76	Scott Nelson	Lothian RC	17.39	MV35
77	John Brogan	Falkirk Victoria	17.39	M
78	Alistair Hindle	Hunters Bog Trotters	17.39	MV35
79	Owen Williams	Lothian RC	17.42	M
80	Halina Rees	Fife AC	17.43	F Jnr
81	Joasia Zakrzewski	Dumfries	17.44	FV35
82	Peter Flick	u/a	17.46	M
83	Skylar Lobdell	Fife AC	17.46	M Jnr
84	Katie Bristow	RH Cambuslang	17.48	F Jnr

85	Kevin Schenk	Stirling Uni	17.48	M
86	Scott McDonald	u/a	17.48	MV35
87	Alexander Chisholm	Garscube H	17.51	MV50
88	Mark Rhywes	Hunters Bog Trotters	17.52	M
89	Robert McLean	Angus Bike Chain	17.56	MV50
90	Ewan Paton	Fife AC	17.57	M Jnr
91	Simon Harrison	Hunters Bog Trotters	17.57	M
92	Janet Dunbar	Edinburgh AC	18.01	FV35
93	Jill Knowles	Scottish Prison Service	18.02	FV35
94	Bruce Malcolm	Corstorphine AAC	18.02	MV35
95	Murray Peebles	Harmeny AC	18.04	M
96	Lee Strachan	u/a	18.09	M
97	Sarah Inglis	Lothian RC	18.12	F
98	Mark Bowman	Falkirk Victoria	18.13	MV35
99	Ken Mortimer	Edinburgh AC	18.15	MV50
100	Keith Dunlop	Edinburgh AC	18.17	M
101	John Mill	Dundee	18.19	MV35
102	Colin Brown	Fife AC	18.22	MV35
103	Arlene Bristow	RH Cambuslang	18.22	FV35
104	Colin Thomson	Falkirk Victoria	18.24	MV35
105	Anthony Quinn	Cartha H	18.28	MV50
106	Walter Hamilton	u/a	18.33	M
107	Kenneth Anthony	Fife AC	18.35	MV50
108	Jo Hall	Lothian RC	18.37	F
109	Gavin Weir	u/a	18.39	M
110	Jacqui Thomson	VP Glasgow	18.41	FV35
111	Morag McCracken	Hunters Bog Trotters	18.43	F
112	Jennifer Telford	Scottish Prison Service	18.44	FV35
113	Angus Kay	Harmeny AC	18.45	MV35
114	Amelia Lloyd	Hunters Bog Trotters	18.46	F
115	Joe Chambers	u/a	18.53	M
116	Christopher Payne	Edinburgh AC	18.53	M
117	Yana Thandrayen	Portobello RC	18.53	FV35
118	Neil MacLachlan	Pitreavie AAC	18.55	M
119	Kirstin Maxwell	Ed Uni Hare & Hounds	18.58	F
120	Claire Houston	Central AC	18.59	F
121	Jennifer Kibble	Fife AC	19.01	F
122	David Millar	M3	19.02	MV35
123	Susan Ridley	Edinburgh AC	19.05	FV35
124	Katie Reynolds	Ed Uni Hare & Hounds	19.18	F Jnr
125	Graham Henry	Portobello RC	19.19	MV35
126	Richard Laucht	u/a	19.21	M
127	Kate Jenkins	Hunters Bog Trotters	19.23	FV35
128	Barry Davie	Carnegie H	19.26	MV35
129	Jillian Gordon	Kinross RR	19.28	FV35
130	Lorraine Brown	Fife AC	19.29	FV35

131	Stewart Walters	Edinburgh AC	19.32	MV50
132	Jonathan Guild	u/a	19.37	M
133	Peter Jardine	VP Glasgow	19.47	MV35
134	Jacob Robertson	u/a	19.49	M Jnr
135	Alexander Watson	Falkirk Victoria	19.50	MV50
136	David Hogarth	Falkirk Victoria	19.53	M
137	Chris Creegan	Edinburgh AC	19.54	MV50
138	Anne Peat	Ferranti	19.57	FV35
139	Isobel Knox	Hunters Bog Trotters	20.02	F
140	John Martin	Falkirk Victoria	20.04	MV50
141	Andrew Latham	Edinburgh AC	20.05	MV35
142	John Hynd	Carnegie H	20.08	MV50
143	Martin Twigg	Hunters Bog Trotters	20.09	MV35
144	Alan Swan	Footworks	20.11	MV50
145	Gary Love	Falkirk Victoria	20.15	M
146	Lana Turnbull	Lothian RC	20.21	F Jnr
147	David Fraser	Edinburgh RC	20.27	MV35
148	James McLaren	Falkirk Victoria	20.31	MV50
149	Stuart Douglas	Bellahouston RR	20.33	M
150	Brian Ponaghy	u/a	20.33	MV35
151	Karen Dobbie	Edinburgh AC	20.37	FV35
152	Sinead O'Malley	Hunters Bog Trotters	20.40	F
153	Philip Hannan	u/a	20.45	M
154	Colin Simpson	Kirkintilloch O	20.47	MV50
155	Mairead Kelly	Hunters Bog Trotters	20.48	F
156	Katherine Golding	Hunters Bog Trotters	20.50	F
157	George Thomson	Falkirk Victoria	20.53	MV50
158	Vince Fraser	u/a	20.53	MV35
159	Vincent Jumelle	u/a	20.56	M
160	Patricia Milne	Central AC	20.57	FV50
161	Andrew Kirkhope	Shettleston H	21.03	MV50
162	Phyllis O'Brien	Hunters Bog Trotters	21.04	FV50
163	Gordon Appelbe	u/a	21.05	M
164	Cameron Campbell	Central AC	21.12	MV50
165	Eddie Sanders	Fife AC	21.13	MV60
166	Ian Beattie	Harmeny AC	21.16	MV35
167	Nicola Flynn	Falkirk Victoria	21.18	FV35
168	Andy Archer	u/a	21.22	MV50
169	Steven Blair	Corstorphine AAC	21.23	MV35
170	Allison Christie	Falkirk Victoria	21.24	FV35
171	Michael Geddes	u/a	21.26	M
172	Kenneth Hislop	Central AC	21.27	M
173	Jim Alexander	Lothian RC	21.34	MV50
174	Brian Howie	Edinburgh AC	21.38	MV60
175	Raymond Milne	Central AC	21.45	MV50
176	John Underwood	u/a	21.47	MV35

177	Frank Ovens	u/a	21.47	MV50
178	Abby White	Hunters Bog Trotters	21.49	FV35
179	Nigel Hetherington	u/a	21.49	MV50
180	Fiona Anderson	Falkirk Victoria	21.51	FV35
181	George Black	Fife AC	21.53	1st MV70
182	Claire Gilchrist	Ferranti	21.59	FV35
183	Paul Berwick	u/a	22.04	M
184	Emma Baker	Hunters Bog Trotters	22.05	FV35
185	Jean Jumelle	Carnethy HR	22.10	MV60
186	Michael Bisset	Pitreavie AAC	22.17	MV35
187	Nick Brian	Fife AC	22.39	MV50
188	Miriam Rennet	Fife AC	22.46	FV50
189	David Bunyan	Falkirk Victoria	22.51	MV60
190	Keith Young	u/a	22.58	MV50
191	Rachel Smirthwaite	Hunters Bog Trotters	22.58	F
192	Steven Hill	Kilbarchan AAC	23.01	M
193	Peter Gardner	Hunters Bog Trotters	23.22	M
194	John McGlynn	u/a	23.33	MV50
195	Ian Hall	Lothian RC	23.37	MV50
196	Donald MacLeod	Pitreavie AAC	23.41	MV50
197	Robyn Warrender	Jog Scotland	24.04	F
198	Tom Keenan	Bellahouston RR	24.24	MV50
199	Jim Salvage	Lothian RC	24.29	MV50
200	Elizabeth Hugill	Hunters Bog Trotters	24.33	F
201	Alexander Gall	u/a	24.33	MV35
202	Jane MacLeod	Pitreavie AAC	24.41	FV60
203	Ian Leggett	Lothian RC	24.46	MV70
204	Lisa Menzies	u/a	24.55	F
205	Kenny Gunn-Russell	Nike Run Club	25.08	MV50
206	Eddie McDonald	Ferranti	25.14	MV60
207	Fiona Linklater	u/a	25.15	FV35
208	John Richmond	u/a	25.42	MV60
209	Jamie Cherrie	Musselburgh	25.42	MV50
210	Janice Smith	Hunters Bog Trotters	25.57	FV50
211	Graham Bennison	Fife AC	26.04	MV60
212	Emma Thomson	Falkirk Victoria	26.58	F
213	Keith Stewart	u/a	26.59	M
214	Carol Keenan	Bellahouston RR	27.01	FV50
215	Ian Marshall	Hunters Bog Trotters	27.11	MV60
216	Amy McAlpine	Pitreavie AAC	27.28	F Jnr
217	Lisa McAlpine	Pitreavie AAC	28.46	F Jnr
218	Kenny McAlpine	Pitreavie AAC	29.43	MV35
219	Helen Blackburn	u/a	52.45	FV35